

## **2005 FISHING REGULATIONS FOR SPENCE LAKE**

1. No gas powered motors allowed. Children 16 and under may use a boat only with adult supervision. A boat is considered a floating device like a raft, canoe, rowboat, belly boat or float tube.
2. No fishing or boating within 100 feet of the buoy marking the discharge pipe entrance.
3. Limit two fish per day per fisherman. Catch and release highly recommended. Please do not return mortally wounded fish to the lake.
4. Barbless hooks only. Barbs may be pinched down with pliers.
5. Artificial lures and flies only. Children 14 and under may use bait except live minnows.
6. Fishing is restricted to property owners and their family members. Non-family guests of property owners are allowed to fish only when accompanied by the property owner.

## **CATCH AND RELEASE TECHNIQUES**

**From the Colorado Springs Chapter of Trout Unlimited  
Author: Brian Kuchynka**

1. Prior to fishing, pin down the barbs on your hooks or flies.
2. Land your fish quickly – don't play it to exhaustion.
3. Leave the fish in the water if at all possible; if you must pick up the fish, do it gently and wet your hand before grasping the fish.
4. If the fish is hooked deeply (in the gills or throat), cut your leader (tippet) off at the fish's mouth and release the fish.
5. Hold a released fish upright in the water until it is able to swim away on its own.
6. If you need the fish to calm down, slide your hand carefully under the fish and turn it upside down; the fish in this position will seldom struggle.
7. Most fish die because they have been released before they have adequate time to recover; fish should NOT be thrown back into the water. They should be supported in an upright position until they are revived and able to swim under their own power.